

# Nephi's Courage Rhythm Sticks

Try this fun rhythm sticks pattern with just 4 actions to review this primary song about Nephi!

Find the full lesson plan, extension ideas, and song suggestions in the blog post here:

<https://www.primarysinging.com/nephis-courage-rhythm-sticks/>

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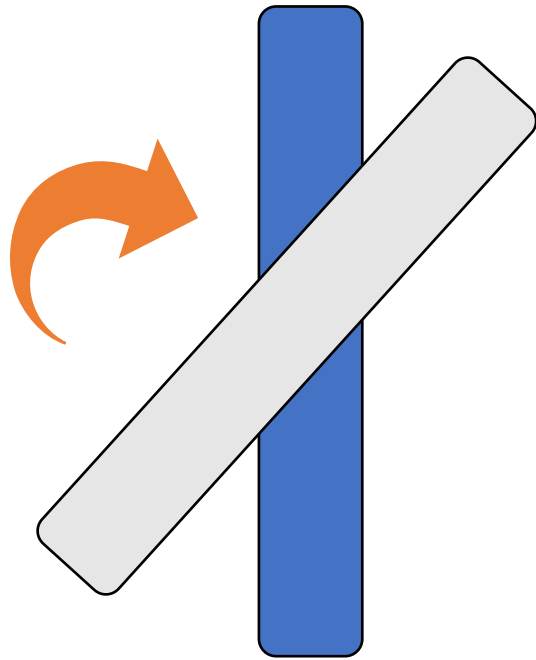
# Nephi's Courage Rhythm Sticks

## Activity Instructions:

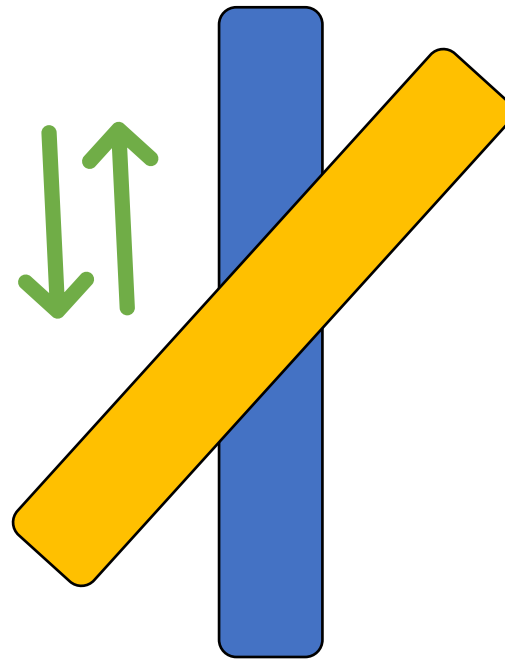
1. Start by reviewing the first verse of Nephi's Courage. Then, pass out rhythm sticks so that each child has a pair of 2 rhythm sticks. Ideally, one rhythm stick should be smooth and the other should have ridges. If your rhythm sticks aren't paired exactly this way, that's okay!
2. Introduce the activity by posting the 4 rhythm sticks actions on the board. Have a child come to the front of the room to demonstrate each action. Have the class follow and try each action. Notice how they are different?
3. Let's try our pattern slowly! Post the first page of the rhythm pattern on the board. What two actions are on this page? Slowly try out the pattern before adding lyrics.
4. Then, speak or sing aloud the first line of the song. Keep singing and trying the pattern until you have repeated the first page 4 times.
5. Move on to the next part of the pattern! Quickly review the actions used on this page, then practice the pattern before adding in the music.
6. The rhythm sticks pattern for the chorus can be found on the third page of the printable pattern. Practice this pattern, then see if you can sing the entire chorus with the pattern!
7. Ready to try the entire song? Have some fun learning this pattern while reviewing the song!

## Extension Activities:

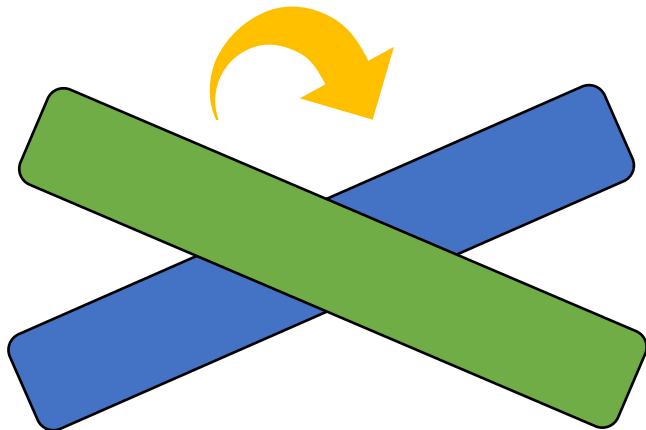
- Split the class into 3 groups and assign each group one page of the pattern. Have each group sing and do the pattern for their section only. Then, switch groups so that each group gets to practice each line!
- Switch up the pattern for the chorus! Instead of 8 taps on your lap, split it up into 4 lap taps and 4 steady taps or 8 steady taps. Switch it up each time you sing through the song!
- Choose a partner and have each partner hold one rhythm stick. See if you can work together to complete the pattern!



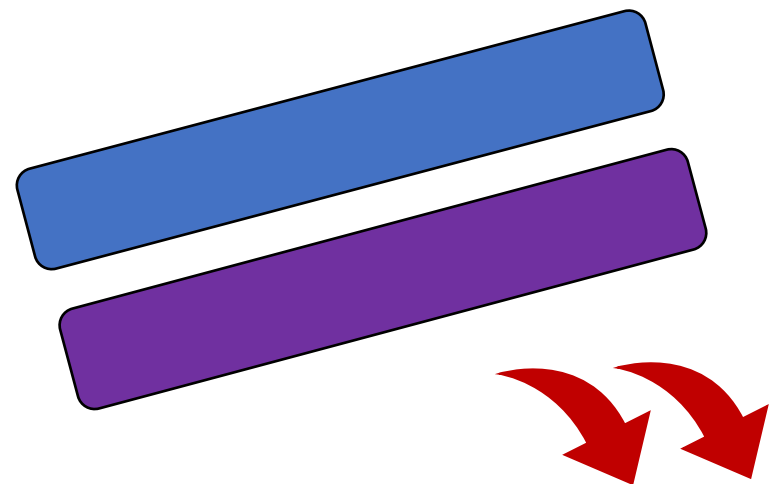
**STEADY TAP**



**STEADY RUB**

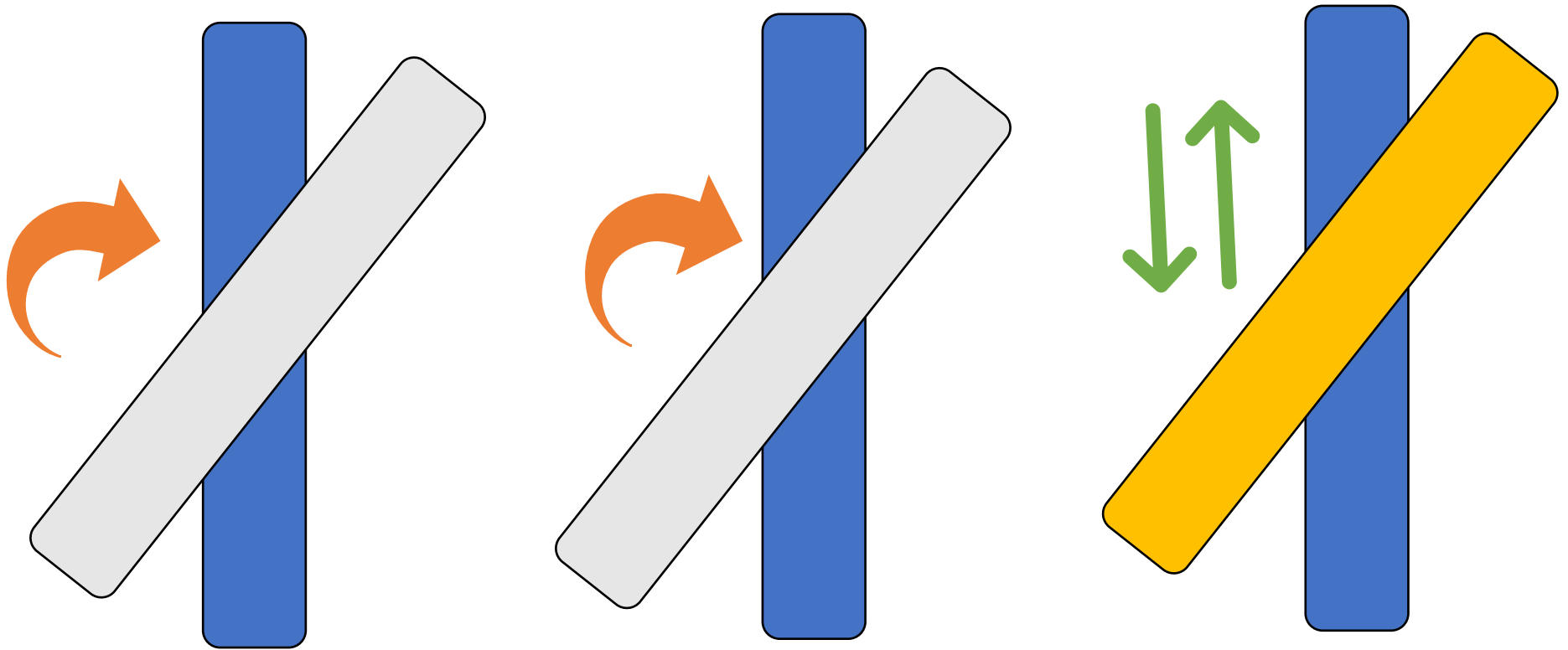


**CROSS UP HIGH**

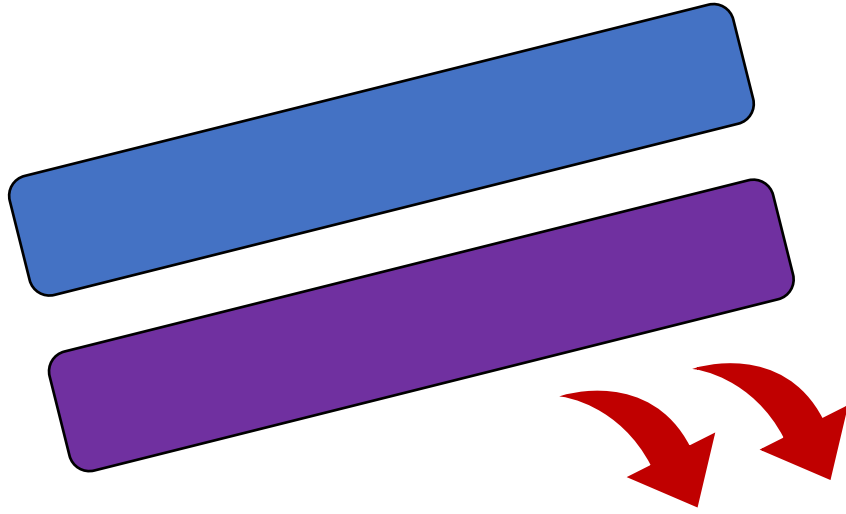


**TAP ON LAP**

# Nephi's Courage Rhythm Sticks Pattern

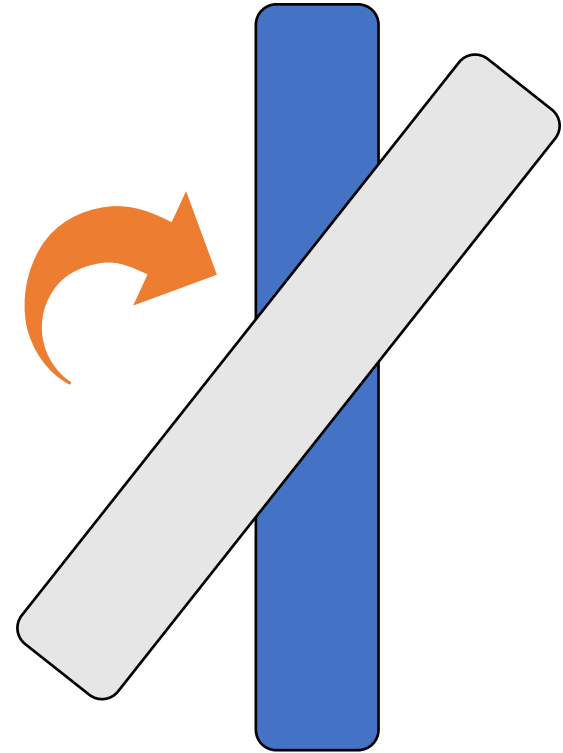


**REPEAT 4X**

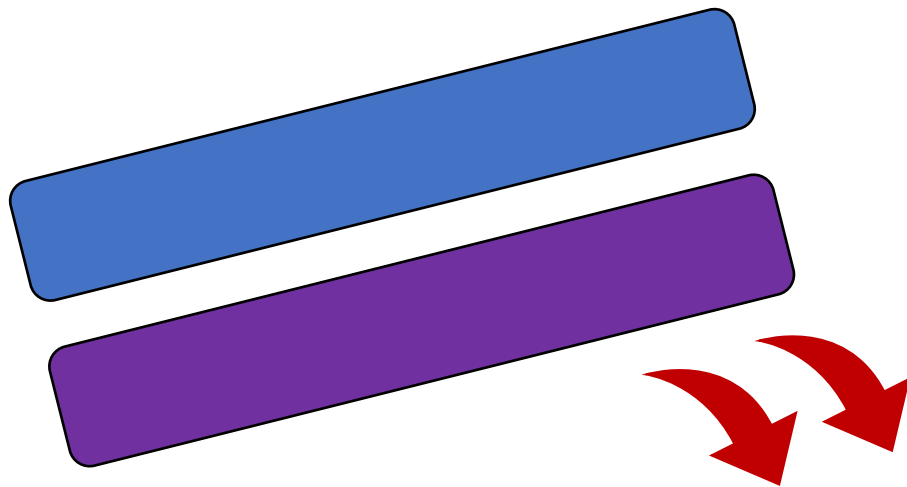
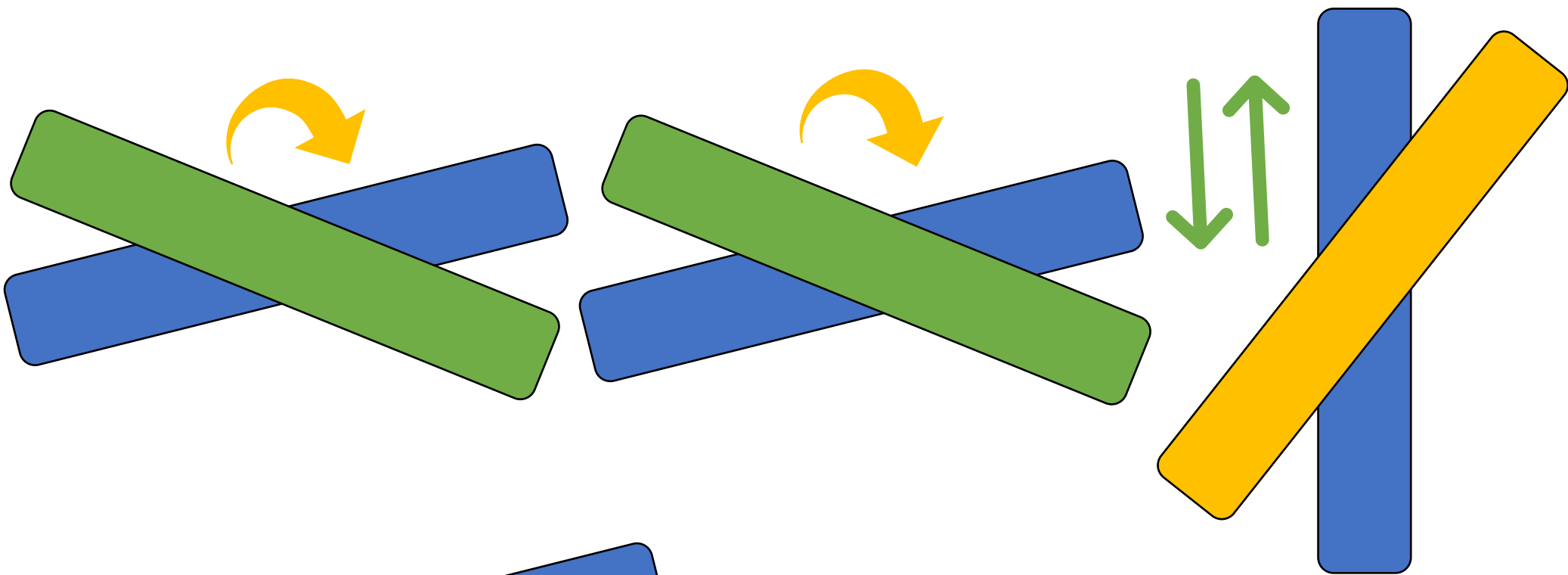


**4 TAPS**

**4 TAPS**



**REPEAT 2X**



**8 TAPS**

**REPEAT 2X**



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